



CZECH MTB

ČESKÝ POHÁR HORSKÝCH KOL

2020



Město Touškov
Czech Republic

TECHNICAL GUIDE

Czech MTB STRABAG Cup 2020

MTB: XCO Cross-Country C1

1st race of cup 2020: **Město Touškov, CZE**

4th – 5th July 2020

Technical Guide

Main Organizer: PRO SPORT MTB s.r.o., Kolová 264, 362 14, IC: 07193548, zastoupená Josefem Dlohošem, tel. +420 778 421 678 www.poharmtb.cz

Organizer: TJ SOKOL MESTO TOUSKOV
www.touskov.bike

Location: Address: , Sportovní 476, post code: 330 33, city: Mesto Touskov,
GPS: 49.7804022N, 13.2361422E
<http://goo.gl/omIJZg>

Race date: Saturday 4th July 2020
Sunday 5th July 2020

Event class: UCI C1 race for XCO race for cat. Man and Woman Elite/U23 and Man/U23 and Woman and Man Juniors, Experts, Masters, Cadets, Kids

Race director: Pavel Foltýn, tel. 602 406 602, pavel.foltyn@saferoad.cz

Organizer: ing. Kateřina Duchková, tel.: +420 608 510 457
e-mail: katerinaduchkova@gmail.com

Anti Doping: AntiDoping controls will be carried out according to the regulations of UCI

Course director: Pavel Foltýn, tel. 602 406 602, pavel.foltyn@saferoad.cz

Directions: arrival by car from the city Mesto Touškov, street PARTYZANSKA outside from city;
Please navigate to this central point of race: 49.7804022N, 13.2361422E

Course: length of 4000m with 141m elevation per one race lap. Race course mainly on forest tracks, meadow tracks, single trails and forest trails with enough place for overtaking.
Training on race course during race days will be available only according the time schedule – course is available with basic marking already one week prior to the race.

Race office: Tent "REGISTRATION" placed near the start/finish line; GPS 49.7804022N, 13.2361422E

Accommodation:

- Správa kolejí a menz Univerzity Karlova v Plzni, Kolej Bolevecká 915/34, Plzeň, Mrs. Lenka Stulíková, lenka.stulikova@kam.cuni.cz, tel.: 00420 377 259 381 (12 km) <https://kam.cuni.cz/KAM-65.html>
- Správa kolejí a menzy Západočeské univerzity v Plzni, Kolej Bolevecká 30-32, Plzeň Ing. Michaela Pšeidlová, pseidlom@skm.zcu.cz, tel.: 00420 377 634 878 (12 km) <http://www.skm.zcu.cz/uvodni-strana.html>
- Farma Líšťany, Líšťany č.p. 65, 330 35, tel. 00420 377 224 587 (7km) <http://www.farmalistany.cz/>
- Hotel York, Prvomájová 10, Plzeň – Křimice, 322 00, tel. 00420 377 355 100 (6 km) <http://www.hotel-york.cz/>
- Pension Vion, Plzeň-Křimice <https://www.vion.cz/> (8km)
- Barokní Špejchar, Hlavní 4, Tlučná, 330 26, tel. 605 526 277 (8 km) <http://www.barokni-spejchar.cz/>
- hotel Ibis, Borská pole, Plzeň <http://www.hotelibisplzen.cz/> (10 km)

Photo / Press : Tent "REGISTRATION" placed near the start/finish line; GPS 49.7804022N, 13.2361422E; We recommend registration to all photo/press by email: rendula.foltynova@seznam.cz ; entry to the race route will not be possible without valid accreditations!

Parking locations teams, riders, public areas & Expo areas:

Public parking (49.7793047N, 13.2401242E) free of charge

Team parking (49.7804928N, 13.2355375E) – extra fee

Sector A – 20 EUR / weekend

Sector B – 12 EUR / weekend

Please register your team space by Email: bartnet70@gmail.com

Directions: There will be MTB signs on the main direction. And all laps are at www.touskov.bike

Hinterland: Bicycle cleaning – near the parking area

Registration: On-line registration of all categories available on www.poharmtb.cz, additional registration for the race on the day of the event is not possible! Do online registration.

Race numbers will be provided to teams and riders onsite. Pick-up will be organized in the race office in the event center on 4th and 5th of July 2020 according to the time schedule. Last chance to pick up the numbers and transmitters is one hour before the start of category at the race office.

Location and information of nearest hospital

Medical service is provided by Red Cross / Mrs. Brozova, mobile: +420 601 520 330

Nearest hospital is in Pilsen <https://www.fnplzen.cz/>

Course MAP: www.touskov.bike

Maps Notes: START – for all categories
CÍL = finish area

Location of award ceremonies, race office, press conference room, race meeting room, etc.

All of the located at race venue directly at race area and main race point

Anti-doping tests: in the office of TJ Sokol Mesto Touškov
<http://www.tjsokolmestotouskov.cz/>

Class of the event, categories of riders:

Race is registered as C1 race by UCI regulation for Men Elite & Women Elite and Juniors categories

Detailed race program:

Friday 3rd

17pm- 19pm	Race office opening to pick up the race numbers and possibility to training technical pupil categories at area of TJ Sokol
17:00 – 19:00	official training on race course XCO for all categories racing in Saturday
19:00	meeting with teams

Saturday 4th

8:00 – 18 pm	Race office opening
8:00 – 9:15	official training on race course XCO for all categories racing in Saturday
9:30	cadets boys 3-4 laps 4000 m
	experts, masters 4-5 laps 4000 m
11:00	juniors boys (1hours = 4-5 laps) 5-6 laps 4000 m
12:30 – 13:15	official training on race course XCO for all categories racing in Saturday afternoon
13:30	woman elite / U23, juniors and cadets girls (75 minutes = 5,4,3 laps 4000 m)
15:30	man elite / U23 (90 minutes = 7-8 laps 4000 m)
17:15	winner's ceremony for all categories racing in Saturday (/10 minutes after finish of cat. Elite)

17:00-18:00 official training on race course XCO for all categories racing in Sunday

Sunday 5th

8:30 – 17 pm Race office opening

9am-14pm **Technical disciplines** for pupil's categories

9am-10am pupils - girls I
10am-11:30am pupils - boys I
11:30am-12:30pm pupils - girls II
12:30pm-14:00 pupils - boys II

9:30 meeting with teams (Sunday's racing – kids, pupils,.....)

10am balance bikes (the smallest babies)

10:10 girls and boys 3-4y together 1 lap 400 m

10:25 girls and boys 5-6y together 2 laps 400 m

10:40 girls 7-8y 3 laps 600 m

11:00 boys 7-8y 3 laps 600 m

11:20 girls 9-10y 2 laps 1300 m

11:45 boys 9-10y 2 laps 1300 m

12:00-13:00 training on race course XCO for pupils' categories

13:00 pupils – girls I 1 + 1 laps 2300/1700 m

13:30 pupils – boys I 2 laps 2300 m

14:00 pupils – girls II 1 + 2 laps 2300/1700 m

14:45 pupils – boys II 2 laps 4000 m

15:45 winner's ceremony for all categories racing in Sunday

Location and information of nearest hospital

Directly in city PILSEN – hospital FAKULTNI NEMOCNICE / Address: alej Svobody 80, 304 60 Plzeň-Lochotín , phone nr. +420 377 103 111; distance 12 kilometers. Additional medical service in cooperation with the local Mountain rescue service will be organized especially for the event. There will be a one ambulance with medical staff and doctor direct at the start/finish area assisting just this race.
Red Cross/Mrs. Brozova, mobile: +420 601 520 330

Eventual transport arrangements for participants for arrival and departure

International airport Prague; distance 90 kilometers (80 minutes)

Main train station in Pilsen (10 km) and public transport to city Mesto Tousek

Composition of the commissaries' panel:

President of the Commissaires Panel:

Mr. _____ Commissaire International UCI
delegation of 6 XCO Commissaires will be covered by Czech national union

Points scale, prize list: According to the UCI rules applicable for the C1 event, region II in CZK:

	Woman / Man Elite / U23	Juniors
1.	11 000,- CZK	2500,- CZK
2.	9 500,- CZK	2000,- CZK
3.	7 500,- CZK	1500,- CZK
4.	5 500,- CZK	1200,- CZK
5.	4 500,- CZK	1000,- CZK
6.	3 700,- CZK	850,- CZK
7.	2 800,- CZK	750,- CZK
8.	2 300,- CZK	600,- CZK
9.	2 000,- CZK	500,- CZK
10.	1 000,- CZK	400,- CZK

All prices are shown in CZK and will be in CZK paid. (1€ is 26,-CZK)
UCI points for the race will be set according the valid UCI regulation.

NOTE:

All riders must wear a cycling helmet by riding on the race course, also during the training. Only riders with valid license issued with UCI code can start by the race. All riders carry full risk on them self during the race and training. The race organizer doesn't cover any damage competitors incurred or caused by.